

For immediate release January 28, 2016

Madison, IN: Madison Consolidated Schools to offer free breakfast for all students beginning February 1, 2016.

Beginning February 1, students at Madison Consolidated Schools will be able to have breakfast at school free of charge. Food Service Coordinator, Judy Brooks, recently applied for a program which allows our school district to provide a free breakfast each morning for all students.

According to the guidelines of the program, the free meal must be a 'complete' breakfast which is defined as a nutritionally balanced meal. Students will have choices as they select their breakfast items, however, the meal must include three of the four offered items and include a fruit or juice selection. Students at Madison Consolidated High School may still purchase a la carte items for breakfast provided it meets the criteria of a complete breakfast and includes a fruit or juice item. Posters will be displayed in all cafeterias as a way to encourage students to make good nutritional choices and better understand what qualifies as a free, complete breakfast.

Each student is allowed one free breakfast per day. If they would like to purchase an additional breakfast the cost is \$1.25. Adult breakfast is also available at each school for \$1.50 per meal.

"We are very excited to add free breakfast to already available snacks and lunch items which are offered after school free of charge to our students," shares Dr. Ginger Studebaker-Bolinger. "We hope all students will join us for breakfast and start the day ready to learn."