

# **COVID** - 19 **Updated Summary** Guidelines for Isolation & Quarantine

January 6, 2022

Based on information and recommendations from the Indiana State Department of Health K-12 School Guidance Webinar

# MASK MANDATE

The MASK MANDATE for Madison Consolidated Schools remains in place for anyone on our campus at any time regardless of vaccination status. We have opted to keep the mask mandate in place as a way of slowing the spread and keeping our students in class face to face.

This includes after school activities for coaches, players (competitions and practices), and participants when not actively participating in the activity.

Depending upon the venue, masks for visitors/patrons may be recommended or required, and capacity will be limited based upon county color status. The smaller the venue, the fewer patrons permitted as status gets to Orange/Red status.

Masks on buses remains a MANDATE based on <u>federal guidelines issued by the CDC</u>. **Non-compliance will have you removed from the school-provided transportation**. This includes to/from school, as well as, extracurricular activities and athletic events.

<u>Detailed information regarding COVID-19 updates</u>

Athletic & Extracurricular plan

# How do I report a COVID related illness?

Call or email your school's attendance clerk with the following information:

- Student's name, grade, teacher (if elementary school)
- Symptom onset date
- Test date, if applicable

Anderson Elementary - 812-274-8528 or <a href="mailto:lneal@madison.k12.in.us">lneal@madison.k12.in.us</a>

Deputy Elementary - 812-274-8007 or <a href="mailto:sowens@madison.k12.in.us">sowens@madison.k12.in.us</a>

Lydia Middleton Elementary - 812-274-8005 or <a href="mailto:awielgoszinski@madison.k12.in.us">awielgoszinski@madison.k12.in.us</a>

Rykers' Ridge Elementary - 812-274-8006 or <a href="mailto:igray@madison.k12.in.us">igray@madison.k12.in.us</a>

Madison Junior High School - 812-274-8003 or <a href="mmcculley@madison.k12.in.us">mmcculley@madison.k12.in.us</a>

Madison Consolidated High School - 812-274-8002 or sglasgow@madison.k12.in.us

E.O. Muncie Jr/Sr High School - 812-274-8004 or <a href="mailto:jhamm@madison.k12.in.us">jhamm@madison.k12.in.us</a>



# **Definitions**

Fully Vaccinated (ages 5 and over are eligible) - must be 2 weeks (14 days) out from last dose of primary vaccine series <u>Defined by CDC</u>

Up to date - includes <u>additional doses</u> for individuals who are immunocompromised or <u>booster doses</u> at regular time points

Not fully vaccinated - less than 2 weeks out from last dose of primary vaccine series or have not received all primary doses.

Not up to date - no additional or booster doses if recommended / eligible

Isolate - when you are sick or when you have been infected with COVID-19, even if you don't have symptoms

Quarantine - when you might have been exposed to the virus

Well-fitting mask - <u>properly sized</u>, fitting snugly OVER the mouth and nose areas.



# When masks can be removed for lunch accommodations

- When removing a mask to eat, students must be able to maintain at least 6 feet of distance between themselves and other students.
  - No mask breaks
  - No snacks in the classroom unless greater than 6 feet distance can be maintained
  - Wherever possible, for Day 6 returners (Days 6-10) lunches will be served in isolation (this
    could be a separate table, in a classroom, etc.) once finished eating, the student will mask and
    can return to their assigned seat in the cafeteria
    - If parents do not want their student to eat physically distanced, the student must remain at home the entire 10 day isolation period



# K-12 Isolation Guidance: When All Are Masked

If student or staff tests positive:

- Stay home for 5 days.
- Return to school Day 6 if asymptomatic or symptoms are resolving and continue to mask for 5 days in classroom (if unable to mask properly at all times, must remain isolated at home for full 10 days).
  - Fever-free for 24 hours without medication and other symptoms improving
- Upon arrival to school on Day 6, the student is required to report to the nurse's office for a symptoms screening. If any of the symptoms are present, the student will be sent home. We encourage parental screening to avoid any unnecessary inconvenience.
  - Day 6-10 Masks are required at ALL TIMES (including outside play time)
  - The only time masks can be removed is during lunch time while eating in isolation
- Can resume extracurricular activities on Day 6 if able to wear a mask properly at all times for Days 6-10, above conditions are met and cleared by physician. Masks may not be removed at any time.
  - Athletics return on Day 6 <u>MUST MASK EVEN WHEN PARTICIPATING IN ACTIVITY OR GAME AND MUST HAVE</u>
     <u>DR. RELEASE</u>

https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/

# K-12 Quarantine Guidance: When All Are Masked

If student or staff is exposed to someone with COVID-19 in the classroom:

- As long as continue to be asymptomatic, may remain in school and continue to wear a mask properly at all times, test on Day 5 if possible.
- May continue extracurricular activities; wear a mask properly at all times when able (while not actively performing or actively playing during your sporting activity) for all 10 days.
- If symptoms develop, get a test and stay home and if positive, follow isolation guidance.
   If test is negative, return to school when symptoms have resolved.



# K-12 Quarantine Guidance: When All Are Masked

If student is exposed to someone with COVID-19 outside of the classroom, including home contacts:

- If fully vaccinated (have received all doses of vaccines, including booster if eligible)
  - As long as asymptomatic, may remain in school and continue to mask at all times in classroom; test on Day 5 if possible.
  - May continue extracurricular activities; wear mask for 10 days (while not actively performing or actively playing during your sporting activity).
  - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.
- If unvaccinated or partially vaccinated:
  - Stay home for 5 days; test on Day 5 if possible.
  - Return to class on Day 6 if still asymptomatic. Continue to wear a mask for Days 6-10.
  - No extracurricular activities for 5 days of home quarantine. May resume Day 6 only if able to wear a mask at all times (including while actively performing or playing during your sporting activity) for Days 6-10.
    - Athletics return on Day 6 Mask at all times \*including while actively playing\* for days 6 10.
  - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.

# Quarantine Extension at Home

# If a family member is positive and cannot isolate from the student, when do we start the student's quarantine?

- If positive family member cannot isolate away from close contact (days 1-5),
- and doesn't consistently mask at home (days 6-10)
- student's quarantine **begins after Day 10**. Student may return on Day 6 (of their quarantine) with constant and correct masking in place Days 6-10. Student returns to school on Day 16 of total time.

### If positive family member cannot isolate away from close contact (Days 1-5)

- But is able to mask up consistently at home (Days 6-10)
- Student's quarantine begins after Day 5. Student may return on Day 6 (of their quarantine) with constant and correct masking in place Days 6-10. Student returns to school on Day 11 of total time.

Please follow this guidance if you have someone in the home who cannot isolate when ill.



# Quarantine Extension at Home - Calculating Day

**Symptomatic** case, Day 0 is day symptoms start. Day 1 of isolation is the next day.

**Asymptomatic** - Day 0 is the date positive specimen is collected. Day 1 of isolation is the next day.

Remember, for unvaccinated close contacts, Day 1 is always the day after the positive individual's isolation ends.

Please follow this guidance if you have someone in the home who cannot isolate when ill.



# Day 6 Return Nurse / At-home Screening Guide

#### **COVID-19 Screening for Parents**

Every morning before you send your child to school please check for signs of illness:



\*May present with more than one symptom. This list does not include all possible symptoms.

- 1 Does your child have any sign of illness above?
- Was your child in close contact (within 6 feet for a total of 15 minutes over a 24-hour period) with anyone confirmed with COVID-19?
- 3 If the answer is YES to any of the questions, DO NOT send your student to school. Instead, get your child tested for COVID-19 and isolate them until their test result is received.
- Please keep your student home until they meet the criteria to return to school.
- If your child has trouble breathing, chest pain, new confusion, inability to wake or stay awake or bluish lips or face.

ALL 911!



### Monitoreo del COVID-19 para padres

Por favor verifique todas las mañanas que su hijo(a) no tenga los siguientes síntomas antes de enviarlo(a) a la escuela:



- \*Podría presentarse más de un síntoma. Esta lista no incluye todos los síntomas posibles.

  ¿Tiene su hijo(a) algún síntoma mencionado anteriormente?
- 2 ¿Ha estado su hijo en contacto cercano (a 6 pies de distancia durante un total de 15 minutos, en un periodo de 24 horas ) con alguien que se le ha confirmado el COVID-19?
- 3 Si la respuesta es Sí a cualquiera de estas preguntas, NO ENVÍE a su estudiante a la escuela. En lugar de eso, realize una prueba de COVID-19 y aíslelo hasta que reciba el resultado de la prueba.
- 4 Por favor mantenga al estudiante en casa hasta que cumpla con los criterios para poder regresar a la escuela.
- Si su hijo tiene dificultad para respirar, dolor en el pecho, confusión incapacidad para despertar o permanecer despierto, los labios morados o la cara morada.

CALL 911!

MADISON CONSOLIDATED SCHOOLS

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- We encourage everyone to continue to self-monitor health symptoms at home.
- If your student has any of these symptoms, they should be kept home for the day.
- If your student presents at school with any of these symptoms, they will be sent home.

# Questions?

### Your school nurse is an excellent resource if you have questions.

Anderson Elementary - 812-274-8528 or <a href="mailto:rcroxton@madison.k12.in.us">rcroxton@madison.k12.in.us</a>

Deputy Elementary - 812-274-8007 or <a href="mailto:igallagher@madison.k12.in.us">igallagher@madison.k12.in.us</a>

Lydia Middleton Elementary - 812-274-8005 or <a href="mailto:hgarrett@madison.k12.in.us">hgarrett@madison.k12.in.us</a>

Rykers' Ridge Elementary - 812-274-8006 or <a href="mailto:adeuser@madison.k12.in.us">adeuser@madison.k12.in.us</a>

Madison Junior High School - 812-274-8003 or <a href="mailto:lcampbell@madison.k12.in.us">lcampbell@madison.k12.in.us</a>

Madison Consolidated High School - 812-274-8002 or <a href="mailto:mbutler@madison.k12.in.us">mbutler@madison.k12.in.us</a>

E.O. Muncie Jr/Sr High School - 812-274-8004 or <a href="mailto:rkitchensogden@madison.k12.us">rkitchensogden@madison.k12.us</a>

