# October 2026

## BREAKFAST MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Menu is subject to change at any time. | | *This institution is an equal opportunity provider.* | 1<br>ELEMENTARY E-LEARNING<br>JR. HIGH MENU IS MANAGER'S CHOICE | 2 **Blueberry Bread**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk |
| 5<br>**Fall Break** | 6 | 7 | 8 | 9 |
| 12 **Egg & Cheese Omelet**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 13 **Breakfast Pizza**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 14 **Biscuit and Gravy**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 15 **Bacon, Eggs, & Toast**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 16 **Southern Chicken Biscuit**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk |
| 19 **Whole Grain Waffles**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 20 **Bagel & Jelly**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 21 **Biscuit and Gravy**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 22 **Sausage Links**<br>Hashbrown Potatoes<br>Cinnamon Toast<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 23 **Maple flavored, Whole Grain Pancake Wrap on a Stick**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk |
| 26 **Breakfast Pizza Bagel**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 27 **Bacon, Eggs, & Toast**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 28 **Biscuit and Gravy**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 29 **Cinnamon Roll**<br>Assorted Fruit<br>100% Fruit Juice<br>Milk | 30 **Ham & Cheese Toast**<br>100% Fruit Juice<br>Assorted Fruit<br>Milk |

# October 2026

## Elementary Lunch Menu

| Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|
| *This institution is an equal opportunity provider.* | **Menu is subject to change at any time.** | 1 **Elementary E-Learning Day** | 2 **Cheese Pizza**<br>-OR-<br>**Hot Dog**<br>Romaine Salad<br>Baked Beans<br>Assorted Fruit<br>Milk |
| 5 **Fall Break** | 6 | 7 | 8 | 9 |
| 12 **Corn Dog**<br>-OR-<br>**Hamburger on Bun**<br>Potato Wedges<br>Garden Peas<br>Assorted Fruit<br>Milk | 13 **Breakfast for Lunch Pancakes & Syrup Sausage**<br>Hashbrown Potatoes<br>Glazed Carrots<br>Assorted Fruit<br>Milk | 14 **Taco in a Bag with Lettuce & Cheese**<br>Refried Beans<br>Corn<br>Assorted Fruit<br>Milk | 15 **Chicken Sticks**<br>Dinner Roll<br>Whipped Potatoes and Gravy<br>Broccoli<br>Harvest Colored Apples<br>Assorted Fruit<br>Milk | 16 **SACK LUNCH DAY!**<br>**Hot Dog**<br>-OR-<br>**PB&J Sandwich**<br>Carrots Snack Bag<br>Chip, Baked Cheetos Crunchy Cheese<br>Assorted Fruit<br>Milk |
| 19 **Hot Ham & Cheese**<br>-OR-<br>**Toasted Cheese Chicken Noodle Soup**<br>and Crackers<br>Fresh Carrots<br>Dill Pickles<br>Assorted Fruit<br>Milk | 20 **Chicken Nuggets**<br>Macaroni & Cheese<br>Baked Beans<br>Mixed Vegetables<br>Assorted Fruit<br>Milk | 21 **Cheese Breadsticks**<br>-OR-<br>**Chicken Patty**<br>Potato Wedges<br>Green Beans<br>Assorted Fruit<br>Milk | 22 **Spaghetti with Meat Sauce**<br>Romaine Salad<br>Corn<br>Birthday Cake<br>Assorted Fruit<br>Milk | 23 **Fiestada Pizza**<br>-OR-<br>**Sliced Turkey on Bun**<br>Mixed Vegetables<br>Green Beans<br>Assorted Fruit<br>Milk |
| 26 **Coyote Grill Quesadilla**<br>-OR-<br>**Toasted Mozzarella Cheese Sandwich**<br>Refried Beans<br>Corn<br>Assorted Fruit<br>Milk | 27 **BBQ Pulled Pork Sandwich**<br>Pickle Slices<br>-OR-<br>**Sliced Turkey on Bun**<br>Oven Fries<br>Mixed Vegetables<br>Assorted Fruit<br>Milk | 28 **Chili & Crackers with Peanut Butter Sandwich**<br>Celery Sticks<br>and Red Pepper Strips<br>Pickle Spears<br>Jello<br>Assorted Fruit<br>Milk | 29 **Breakfast for Lunch Pancakes & Syrup Sausage**<br>Hashbrown Potatoes<br>Glazed Carrots<br>Assorted Fruit<br>Milk | 30 **Cheese Pizza**<br>-OR-<br>**Cheeseburger**<br>Green Beans<br>Romaine Salad<br>Halloween Brownie<br>Assorted Fruit<br>Milk |

# October 2026

## Jr. & Sr. High Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| *This institution is an equal opportunity provider.* | | **Menu is subject to change at any time.** | 1 **Breakfast for Lunch**<br>**Biscuit and Gravy**<br>**Sausage**<br>**Eggs**<br>Hashbrown Potatoes<br>Glazed Carrots<br>Assorted Fruit<br>Milk | 2 **Buffalo Chicken Dip**<br>Whole Grain Nachos<br>Buttered Rice<br>Corn<br>Green Beans<br>Assorted Fruit<br>Milk |
| 5 **Fall Break** | 6 | 7 | 8 | 9 |
| 12 **Breadstick, Stuffed Cheese**<br>Marinara Sauce<br>Oven Fries<br>Corn<br>Assorted Fruit<br>Milk | 13 **Coney Dog**<br>with Meat Sauce &<br>Shredded Cheese<br>Pasta Salad<br>Baked Beans<br>Potato Wedges<br>Assorted Fruit<br>Milk | 14 **Chicken Noodle Soup**<br>and Crackers<br>**Toasted Cheese**<br>Fresh Carrots<br>Garden Peas<br>Assorted Fruit<br>Milk | 15 **Chicken Fajitas with Roasted Peppers & Onions & Cheese**<br>Buttered Rice<br>Broccoli<br>Refried Beans<br>Assorted Fruit<br>Milk | 16 **Pizza**<br>Romaine Salad<br>with Lite Ranch<br>Green Beans<br>Assorted Fruit<br>Milk |
| 19 **Ham & Cheddar Naan Bread**<br>Spicy Fries<br>Garden Peas<br>Whole Grain Cookie<br>Assorted Fruit<br>Milk | 20 **Taco in a Bag with Lettuce & Cheese**<br>Refried Beans<br>Buttered Rice<br>Corn<br>Assorted Fruit<br>Milk | 21 **Fiestada Pizza**<br>Romaine Salad<br>with Lite Ranch<br>Mixed Vegetables<br>Birthday Cake<br>Assorted Fruit<br>Milk | 22 **BBQ Chicken Drumstick**<br>Dinner Roll<br>Whipped Potatoes<br>Green Beans<br>Jello<br>Assorted Fruit<br>Milk | 23 **Breakfast for Lunch**<br>**Biscuit and Gravy**<br>Hashbrown Potatoes<br>**Sausage**<br>**Eggs**<br>Glazed Carrots<br>Assorted Fruit<br>Milk |
| 26 **Chicken Nuggets**<br>Macaroni and Cheese<br>Baked Beans<br>Cole Slaw<br>Assorted Fruit<br>Milk | 27 **Pulled Pork BBQ Nachos with Queso**<br>Refried Beans<br>Buttered Rice<br>Corn<br>Assorted Fruit<br>Milk | 28 **Chili and Crackers**<br>Peanut Butter Sandwich<br>Fresh Carrots and<br>Celery<br>Harvest Colored Apples<br>Assorted Fruit<br>Milk | 29 **Spaghetti with Meat Sauce**<br>Shredded cheese<br>Romaine Salad<br>with Lite Ranch<br>Corn<br>Jello<br>Assorted Fruit<br>Milk | 30 **Pizza**<br>Green Beans<br>Mixed Vegetables<br>Halloween Brownie<br>Assorted Fruit<br>Milk<br> |