

# Grab and Go Breakfast

Whole Grain items, Fruit, Juice & Milk

# March 2021

## Breakfast

Monday		Tuesday		Wednesday		Thursday		Friday	
1	<b>Whole Grain Muffin</b> Assorted Fruit 100% Fruit Juice Milk	2	<b>Sausage Patty</b> Diced Potatoes Cinnamon Toast Assorted Fruit 100% Fruit Juice Milk	3	<b>Biscuits &amp; Gravy</b> Assorted Fruit 100% Fruit Juice Milk	4	<b>Bacon Egg, and Cheese Wrap</b> Assorted Fruit 100% Fruit Juice Milk	5	<b>Sausage Pancake on a Stick</b> Assorted Fruit 100% Fruit Juice Milk
8  Manager's Choice		9	<b>Cheese &amp; Egg Breakfast Breadstick</b> Assorted Fruit 100% Fruit Juice Milk	10	<b>Biscuits &amp; Gravy</b> Assorted Fruit 100% Fruit Juice Milk	Deputy Elementary 3rd Grade Menu		11	<b>Waffles with Blueberry Topping</b> Assorted Fruit 100% Fruit Juice Milk
15	<b>Whole Grain Cereal</b> Cinnamon Toast Assorted Fruit 100% Fruit Juice Milk	16	<b>Breakfast Pizza</b> Assorted Fruit 100% Fruit Juice Milk	17	<b>Biscuits &amp; Gravy</b> Assorted Fruit 100% Fruit Juice Milk	18	<b>Warm Cinnamon Roll</b> Assorted Fruit 100% Fruit Juice Milk	19	<b>Mozzarella &amp; Bacon Toasted Sandwich</b> Assorted Fruit 100% Fruit Juice Milk
22  Spring Break		23		24		25		26	
29  Manager's Choice		30	<b>Sausage Patty</b> Diced Potatoes Cinnamon Toast Assorted Fruit 100% Fruit Juice Milk	31	<b>Biscuits &amp; Gravy</b> Assorted Fruit 100% Fruit Juice Milk	Menu is subject to change at any time.  <i>This institution is an equal opportunity provider and employer.</i>			

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## Elementary Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Philly Cheese Steak -OR- <b>Hot Dog</b> Steamed Carrots Oven Fries Assorted Fruit Milk	2  <b>Manager's Choice</b>	3 <b>Chicken Nuggets</b> -OR- <b>Hamburger on Bun</b> Macaroni and Cheese Baked Beans Garden Peas Assorted Fruit Milk	4 <b>Arroz Con Pollo</b> -OR- BLT on Whole Grain Bread Whole Grain Nachos with Cheese Sauce Corn Broccoli Cake Assorted Fruit Milk  <b>Deputy 3rd grade menu</b>	5 <b>Italian Combo Sub</b> -OR- <b>BBQ Rib Sandwich</b> Baked Chips Mixed Vegetables Green Beans Assorted Fruit Milk
8	<b>Bacon-Cheddar Chicken Breast Sandwich</b> -OR- <b>Tuna Salad Sandwich</b> Crispy Potato Wedges Green Beans Assorted Fruit Milk	9 <b>Breakfast for Lunch</b> <b>Buttermilk Pancakes with Syrup</b> <b>Sausage Patty</b> Diced Potatoes Butternut Squash Baked Cinnamon Apples Assorted Fruit Milk	10  <b>Manager's Choice</b>	11 Home-Style Chicken Noodle Soup Toasted Cheese Sandwich -OR- <b>Crispy Fish Sandwich</b> Baby Carrots Pickle Spears Assorted Fruit Milk	12 <b>Cheese Pizza</b> -OR- <b>Hot Dog</b> Romaine Salad Lima Beans Assorted Fruit Milk
15	<b>Chicken Fajitas</b> with Roasted Peppers & Onions -OR- <b>Cheeseburger</b> Whole Grain Nachos with Cheese Sauce Corn Refried Beans Assorted Fruit Milk	16 <b>BBQ Pulled Pork Sandwich</b> -OR- <b>Chicken Patty Sandwich</b> Spicy Fries Corn Assorted Fruit Milk	17 <b>Chili</b> Peanut Butter Sandwich -OR- Toasted Cheese Sandwich Red Pepper Strips & Baby Carrots with Ranch Cup Assorted Fruit Milk	18 <b>Chicken Drumstick</b> -OR- <b>Hot Ham &amp; Cheese</b> Whipped Potatoes Broccoli Jello Assorted Fruit Milk	19 <b>SACK LUNCH DAY!</b> <b>Hot Dog</b> -OR- <b>Peanut Butter and Jelly Sandwich</b> Baked Chips Baby Carrots Celery Sticks Assorted Fruit Milk
22	<b>SPRING BREAK</b>	23	24	25	26
29	<b>Corn Dog</b> -OR- <b>Chicken Patty Sandwich</b> Oven Fries Baked Beans Assorted Fruit Milk	30 <b>Spaghetti and Meat Balls</b> Garlic Bread -OR- <b>Crispy Fish Sandwich</b> Corn Romaine Salad Assorted Fruit Milk	31  <b>Manager's Choice</b>	Menu is subject to change at any time.  <i>This institution is an equal opportunity provider and employer.</i>	

# March 2021

## Jr. and Sr. High Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Breakfast for Lunch</b> <b>Biscuits &amp; Gravy</b> Sausage Patty Diced Potatoes Butternut Squash Baked Cinnamon Apples Assorted Fruit Milk	2 Oven Fried Chicken Macaroni and Cheese Baked Beans Mixed Vegetables Assorted Fruit Milk	3 <b>BBQ Rib Sandwich</b> with Dill Pickles Pasta Salad Red Pepper Strips & Baby Carrots with Ranch Cup Oven Fries Assorted Fruit Milk	4 <b>Country Fried Steak</b> Dinner Roll Whipped Potatoes with Country Gravy Broccoli Jello Assorted Fruit Milk	5 <b>Bacon-Cheddar</b> <b>Chicken Breast</b> <b>Sandwich</b> Sweet Potato Wedges Green Beans Assorted Fruit Milk
8 <b>Chicken Broccoli</b> <b>Alfredo</b> Garlic Bread Cottage Cheese Cup Romaine Salad Garden Peas Assorted Fruit Milk	9 <b>Chili with Peanut</b> <b>Butter Sandwich</b> Baby Carrots Pickle Spears Assorted Fruit Milk	10 <b>Shrimp Poppers</b> Dinner Roll Broccoli and Cheese Sauce Corn on the Cob Assorted Fruit Milk	11 <b>Manager's Choice</b>	12 <b>Nacho Grande with</b> <b>Lettuce, Cheese &amp;</b> <b>Sour Cream</b> Refried Beans with Mozzarella Cheese Corn Assorted Fruit Milk
15 <b>Ham, Turkey, and</b> <b>Salami Sub</b> Spicy Fries Green Beans Assorted Fruit Milk	16 <b>Chicken Nuggets</b> Macaroni and Cheese Baked Beans Garden Peas Assorted Fruit Milk	17 <b>BBQ Pulled Pork</b> <b>Sandwich</b> Oven Fries Steamed Carrots Assorted Fruit Milk	18 <b>Turkey &amp; Gravy</b> Dinner Roll Whipped Potatoes Steamed Broccoli Assorted Fruit Milk	19 <b>Manager's Choice</b>
22  <b>Spring Break</b>	23	24	25	26
29 <b>Hot Dog</b> <b>with Toppings</b> Baked Beans Cole Slaw and Crackers Crispy Potato Wedges Assorted Fruit Milk	30 <b>Chicken Sandwich</b> <b>with Dill Pickles &amp;</b> <b>Texas Pete Hot Sauce</b> Oven Fries Mixed Vegetables Assorted Fruit Milk	31 <b>Home-Style Chicken</b> <b>Noodle Soup</b> Toasted Cheese Sandwich Pickle Spears Baby Carrots Assorted Fruit Milk	<p>Menu is subject to change at any time.</p> <p><i>This institution is an equal opportunity provider and employer.</i></p>	